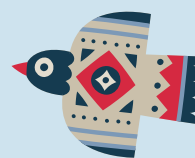
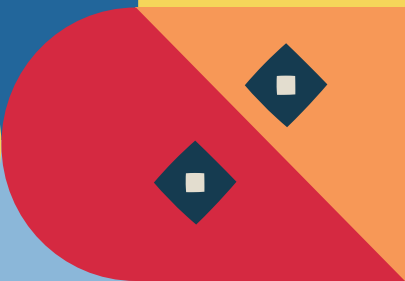
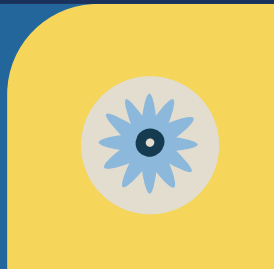


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# Looking for more things to do in Helsinki?

We have collected some recommendations from CSCers about what to visit and where to eat in the Finnish capital and surroundings.





Helsinki waterfront

## For the wanderers

### Walk in the Esplanade Park

Esplanade Park - "Espa" among locals – is the green heart of Helsinki. The park is shaped like a straight hall. At the Market Square end, you'll find one of the most historic restaurants in the city, Kappeli, built in 1867. Opposite of the restaurant you'll see the Espa Stage, which offers concerts from the beginning of May. The park also hosts a statue of Johan Ludvig Runeberg, Finland's national poet and author of the Finnish national anthem.

### Rent a bike and ride along the waterfront

The inner city has a 15-kilometre seaside trail, which you can either bike, walk or drive. The route is well signposted throughout, but if you are looking for secret spots, ask CSCers for tips!

### Run or walk around the Töölönlahti Bay

There's a popular walking or running path circling the Töölö Bay. The bay, surrounded by gardens and wooden villas, is the perfect place to be if you like bird watching. Join the TNC26 morning run on Tuesday 9 June for an early morning view of the bay!

## Take tram 3 and watch the city go by

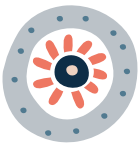
Tired of walking? Catch tram 3 at [Olympiaterminaali](#), sit, relax and enjoy the whole city centre all the way to the north of Helsinki.

## Visit the islands of Uunisaari and Harakka

Located just south of Helsinki, [Uunisaari](#) is a small rocky island with traces of ancient glacier wear, while [Harakka](#) is famous for its vegetation and bird population (it hosts four nature reserves!). Both islands are easily reachable by boat.

## Spårakoff: the coolest tram in Helsinki!

Converted into a restaurant, this [tram](#) offers refreshments and an alternative way to see the city.

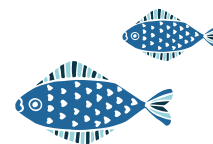


Esplanade Park





## For the foodies



### Café Regatta

Offering a romantic countryside atmosphere all year round, [Café Regatta](#) has been open since 1887, first as a net shed for the nearby Paulig villa (owned by Gustav Paulig, founder of the Finnish coffee and food brand) and then as a café since the 1950s. It is located between Sibelius Park and the rowing stadium, by the sea.

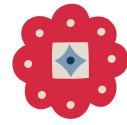
### Restaurant Sea Horse

Serving Finnish delicacies since 1933, the [restaurant](#) became famous in the 1990s when international journalist Tyler Brûlé praised their onion steak. If you want to try reindeer, fried herring or vorschmack, this is the place for you.

### Konstan Möljä

Legend has it that the [restaurant](#) takes its name from Konsta, an old fisherman who sailed out to old Vyborg to cast his nets. Whenever he returned from a successful fishing trip he would dock his boat alongside the pier (möljä in Finnish) where the restaurant is now located. Paying tribute to Helsinki's story, the restaurant serves traditional Finnish food since 1981 and it's famous for its all-you-can-eat dinner buffet with local classics.

# For culture vultures



## Visit the Amos Rex museum

If you are interested in experimental contemporary art, Amos Rex is the museum for you. Located in a functionalist building called Lasipalatsi. Already a modern building in the 1930s, the museum's roof bubbles creates a playful outdoor courtyard that has become a new landmark in Helsinki.

## Kallio by night

Now a vibrant neighborhood in Helsinki, Kallio was historically a working-class residential area which has turned into a trendy hub with bars, cafes, tiny shops, a skate park, the famous Kotiharju sauna and even an indoor skydiving tunnel.

## Visit the Temppelinaukio Church

Excavated directly into solid rock, the Lutheran church is an extraordinary architectural gem built in 1969. The church is covered with a dome, lined with 22 kilometres of copper and supported on the rock walls by reinforced concrete beams.



Amos Rex museum